

## **Mindright**



## In partnership with Mindright

MindRight is personalized, live coaching over text message for teens who want to talk, judgment free. When you sign up for MindRight, you get your own team of coaches who stick with you over time. Each day a coach checks in with you over text message to provide daily support. Mindright coaches will listen without judgement to whatever you would like to talk about. They text you on your good and bad days.

You are a teen who is hungry to overcome adversity and become the best version of yourself. MindRight provides the emotional support you can count on, during good times and bad. Receive guidance from a team of coaches that can help you navigate the challenges you face every day. They are also here to celebrate your wins!



Interested? Text "Moyer" to 886-886

Learn more about MindRight