# eluna

# **Understanding Addiction - The Caron Foundation**



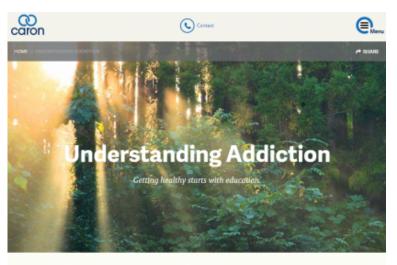
## Created by **Caron**

### Understanding a complex struggle

Though substance abuse and addiction affects millions every year, no two people experience addiction the same way. People suffer from substance abuse and addiction for a variety of reasons and usually face related challenges such as life stressors, emotional burdens and psychological issues. Although the prospect of overcoming substance addiction may seem impossible, recovery is within reach for all addicted persons.

The Caron Foundation provides clear and simple explanations on a variety of addictions.

### Caron Foundation Link



Welcome to Understanding Addiction. This resource is designed to help addicts and those who support them learn how to identify, treat and recover from addiction.

#### Substance Abuse and Addiction Substance addiction is a complex disorder, but it can be understood and addressed.

More 3

#### Alcohol Addiction

Alcoholism is serious and powerful. Lifelong recovery is possible through education and treatment.

More

Drug Addiction
Drug addiction ruins health, relationships and disrup



Compulsive Internet use commonly leads to varior forms of online addiction—all of which have the power to impact everyday life when left untreated

More )

Internet Addiction