



Children's Bereavement Center of South Texas



[Children's Bereavement Center of South Texas](#)

Recognizing the permanent impact loss can have on young people, the CBCST was established to help children and families grieving the death of a loved one.


As the sole provider in South Texas of grief support programs for children through young adulthood, they wholeheartedly devote themselves to addressing the grief and loss needs of children from every culture and social circumstance to help them heal and move forward.

Their peer support group programs bring together youth and families with similar death loss experiences to help normalize feelings, share experiences, and grieve the death of a parent, sibling or close family member. Peer support programs are open-ended and are offered at no cost to families.

Each group meets twice per month in a beautiful home-like setting, which provides a safe, nurturing environment conducive to healing.

CBCST also offers Camp Hero's, a grief camp for children ages 8-11 in elementary school in Bexar County.

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**Children's
Bereavement
Center**
OF SOUTH TEXAS

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Business Hours
Monday-Thursday:
8:30am-5:30pm
Friday: 8:30am-3:00pm


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Grief Support Groups

Our peer support group programs bring together youth and families with similar death loss experiences to help normalize feelings, share experiences, and grieve the death of a parent, sibling or close family member. Peer support programs are open-ended and are offered at no cost to families. Each group meets twice per month in our beautiful home-like setting, which provides a safe, nurturing environment conducive to healing. Children who attend groups engage in therapeutic activities such as: play therapy, narrative therapy, art, poetry, journaling, music, meditation, guided imagery, dance/movement and recreational activities to help process feelings of grief.



**TAKE A
Virtual Tour
of the Center**

Upcoming
[Tour of the Heart](#)
June 3, 2016
San Antonio, TX, United States
Join Leslie Wood for a tour of the Children's Bereavement Center of South Texas at 11:00am on the first Friday of each month. Take this opportunity to get a first hand look at our facility, as well as learn more about our services and how you can support our mission. For more information, please contact [...]

Trainings
May 13, 2016 1:00 pm
[Helping the Grieving Student](#)
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