



## Nar-Anon



Created by [Nar-Anon](#)

The Nar-Anon Family Groups is primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. Nar-Anon members have traveled that unhappy road too, and found the answer with serenity and peace of mind. When you attend a family group you are around friends who understand your problems that few else can.

Understanding that addiction is a disease, and that we are powerless over it, as well as over other people's lives, Nar-Anon is ready to do something useful.

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