We Get It - Voices of Grieving Students and Young Adults

*Created By **Actively Moving Forward***

"We Get It," co-authored by Heather Servaty-Seib, David Fajgenbaum, and 33 inspirational grieving young adults, is available as a first of its kind resource: by grieving young adults and for grieving young adults and those who wish to support them.

Grieving college students can often feel isolated and vulnerable, and may feel that no one else 'gets' what they are going through.

With narratives from students who have lost a loved one and commentary from the authors, this book aims to provide guidance and support for bereaved students, as well as providing tips for those who seek to help them.

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