

## **Tamarack Grief Resource Center**



## Created by Tamarack Grief Resource Center

When hope seems out of reach, Tamarack Grief Resource Center is there.

Founded in 2008, TGRC has become the Montana region's most comprehensive Grief Resource Center. During times of loss, individuals can benefit from connections with understanding others as they reconstruct their lives. Tamarack Grief Resource Center is dedicated to fostering this support and understanding throughout the grief process.

Tamarack Grief Resource Center is committed to offering grief camps and retreats in collaboration with area hospices and related organizations. With over two decades of experience designing and implementing therapeutic camps and over 50 grief camps and retreats under their belts,

Tamarack is the region's most comprehensive

grief resource center, specializing in bereavement camps and providing year-round grief support and education.

Mission: Tamarack Grief Resource Center strengthens and honors individuals, families and communities throughout their journey with grief.

Tamarack Grief Resource Center offers creative, active, meaningful gatherings for bereaved kids, teens, and adults in western Montana.



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- Teen Council, Missoula & Kalispell, monthly
- Support groups, for youth and adults Missoula, Kalispell & Browning
- School based support throughout western Montana
- Urgent response for schools and workplaces
- Consultations & counseling, Missoula, Kalispell and Browning

For kids, adults, teens, families, couples

- Day of the Dead Parade (Everyone Welcome!), Missoula
- Community Workshops, Missoula, Kalispell and Browning

## **GRIEF CAMPS & RETREATS**

Camps are set amidst Montana's pines and mountain lakes. 2017 grief camps for individuals and families include:

- Women's Rendezvous, Flathead Lake
- A Camp to Remember: Day Camp, Missoula
- A Camp to Remember: Flathead Youth Camp
- Men's Retreat, Missoula area
- A Camp to Remember: Family Camp, Flathead Lake
- Mini-Camps, Missoula, Kalispell and Browning
- Teen Wild Land Retreat, Missoula area

## **GRIEF EDUCATION:**

Customized trainings for communities, colleges, universities, school personnel, youth care workers, and professional conferences that explore the following topics: Grief after Suicide; Rituals; Grief in Families; Group Facilitation; Childhood Bereavement; Grief at School; Grief at Work; etc.

Visit the Tamarack Website for more details and contact information.

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